



# OUR LADY OF THE CEDARS CHURCH

A MELKITE CATHOLIC COMMUNITY

140 MITCHELL STREET, MANCHESTER, NH 03103

TEL # (603) 623-8944 FAX # (603) 645-6017

Email: [oloc.church@comcast.net](mailto:oloc.church@comcast.net)

Website: [www.olocnh.org](http://www.olocnh.org)

REV. THOMAS P. STEINMETZ, PASTOR

REV. THEOPHAN LEONARCZYK, Eparchial Chancellor RT. REV. ANDRE ST. GERMAIN (retired)

REV. ROGER BOUCHER - Weekend Ministry

REV. DEACON THOMAS MOSES

*"Enter the Church and repent ... for here is the physician, not the judge.  
Here one is not investigated, one receives remission of sins." (St. John Chrysostom)*

**June 30, 2019**

***The Synaxis of the Holy, Glorious, and Illustrious Twelve Apostles***

**THE THIRD SUNDAY AFTER PENTECOST**

**Parish Advisory & Finance Council:**

KEN MONTY (*PRESIDENT*), ROBERT ANDERSON, ROBIN ANDERSON, JOHN CULLEN,  
MARTHA DAGHER, TIM ERMATINGER, KEN KOMISAREK, MARYLOU LAZOS, JESSICA LOMANNO,  
MAURICE PARÉ, RAFAEL PESCHIERA, PAUL ST. GERMAIN, AND JOHN SIWIK

**Parish Secretary:** ROBIN ANDERSON

**Cedars Society President:** MARYLOU LAZOS

**Sunday School Coordinator:** MARTHA DAGHER

**N.A.M.Y. Advisor:** ROBIN ANDERSON

**HOLY MYSTERY OF CONFESSION:** Before or after any service, or by appointment;

**HOLY MYSTERY OF CHRISTIAN ILLUMINATION:** Please contact the clergy in advance to arrange for the required baptismal instructions;

**HOLY MYSTERY OF CROWNING:** At least six months prior to the proposed wedding, please contact the clergy to arrange for the required interview and instructions;

**HOLY MYSTERY OF THE ANOINTING OF THE SICK:** Please contact the pastor at any time when this sacrament is needed;

**HOLY COMMUNION FOR THE SICK:** Anyone too infirm to attend our services may receive Communion in the home. Please advise the clergy whenever this sacrament is needed.

***Please remember to contact the church if a loved one is in the hospital and would like a visit from the priest. The hospitals do not always notify the church!***

# THE ORDER OF TODAY'S LITURGY

The Troparion of the Resurrection (2<sup>nd</sup> Tone) Page 51

The Troparion of the Dormition of the Theotokos (1<sup>st</sup> Tone): Page 16

Kondakion : "O Never Failing Protectress of Christians": Page 17

---

**THE PROKIMENON:**

**THE PROKIMENON:**

**MAY YOUR KINDNESS, O LORD, BE UPON US,  
FOR WE HAVE HOPED IN YOU!**

*Exult, you just, in the Lord! Praise from the upright is fitting!*

---

**Today's Readings: 1<sup>st</sup> Corinthians 4:9-16 and Matthew 6:22-33**

## LITURGY INTENTIONS

**Saturday (June 29) 4:30 PM:**

For the repose of Elias Ashooh (76<sup>th</sup>), Wilfred Burkush, Nora Noyes (12<sup>th</sup>), Joseph Baroody (47<sup>th</sup>), Anthony Steohen (18<sup>th</sup>), Zahia George (46<sup>th</sup>), Theodora Smit (37<sup>th</sup>), Martha Khatter (26<sup>th</sup>), and Peter Flamant (27<sup>th</sup>)



**Sunday, (June 30) 10:30 AM:**

For God's blessing upon our parish,  
for the health and salvation of her members,  
and for the repose of her departed ones



**Next Saturday, (July 6) 4:30 PM:**

For the repose of Elias Solomon (51<sup>st</sup>), Afef Nassif (31<sup>st</sup>), Mary Maloley (36<sup>th</sup>), Joseph Jadda (36<sup>th</sup>), and Rachel Hykil (22<sup>nd</sup>)

**Next Sunday (July 7) 10:30 AM:**

For God's blessing upon our nation

---

## **Vocation View**

Christ and Paul are calling us to check our focus on life: what is really central, what is really important, what is merely peripheral. The answer is clear: we are people loved and saved by God, living in communion with Him and one another in His Kingdom, already begun among us. Everything else must be put in order and perspective after and around that fact. Our priests are to constantly call us to "be attentive" to that reality in our lives and world. Pray that God stir up many vocations to the priesthood who will generously respond and serve us in that ministry.

**Pray.  
Invite.  
Encourage.  
Affirm.**

# Welcome, Bishop Nicholas!

Our Father and Shepherd Bishop Nicholas J. Samra is with us for the Sunday celebration of the Divine Liturgy and will elevate Fr. Tom to the rank of Archpriest. A luncheon for the parish will follow in the church hall.

---



## The Mahrajan is coming: August 16, 17, 18!

Please keep these dates in mind as we need as much help from the parish as possible to ensure the success of this event. Volunteers to help on the weekend of the Mahrajan can sign up on line by going here: <https://tinyurl.com/sign-up-mahrajan> .

In the coming weeks, there will be:

- Food prep nights. The next is July 9 for rolling grape leaves.
- Sign up sheets in the hall for individuals to sponsor various food items;
- An opportunity to put a memorial or message in the souvenir book;
- Raffle tickets available for purchase;
- Posters and flyers available to advertise the event.

*We need your help!*

---

**I will be out of town** beginning next Sunday until Thursday night July 11. I will be directing the National Melkite Youth Conference at Colombiere Conference Center in Clarkston, MI. You may continue to call me at the parish phone number, as the calls will forward to my cell phone. If I am unable to answer, please leave a message. I will check my messages regularly.

*-Fr. Tom*

---

## **There is a second collection this week for the mortgage**

---

**Attendance Last Sat. 4:30 PM: 21      Sun. 10:30 AM: 120**

**Last Weekend's Collection: \$1,551.<sup>00</sup>**

*The average Sunday envelope donation: \$42.<sup>58</sup>*

*The balance on our mortgage is: \$65,261.<sup>01</sup>*

### **SERVICES FOR THE WEEK**

Mon., July 1	7:00 PM	Vespers: Feast of placing of the Robe of the Theotokos in Blachernae
Sat., July 6	4:30 PM	Divine Liturgy: The Fourth Sunday After Pentecost
Sun., July 7	9:45 AM	Sunday Orthros
Sun., July 7	10:30 AM	Divine Liturgy: The Fourth Sunday After Pentecost

# The Synaxis of the Twelve Apostles

A SYNAXIS is an assembly for liturgical purposes, generally through the celebration of Vespers, Matins, Little Hours, and the Divine Liturgy. In Constantinople, the clergy and faithful would often gather together on specific feast days at a church dedicated to the saint of that day for liturgical celebrations. These gatherings were referred to as *synaxes*. These synaxes came to have services written specifically for them.

A Synaxis often occurs on the day following a Major Feast Day and is in honor of saints who participated in the event. For example Synaxis can also refer to a common commemoration of a number of

saints in a single service, such as the Synaxis of the Twelve. Each individual saint may have his or her own separate feast day, but they are all commemorated together on their synaxis

The Synaxis of the Glorious and All-Praiseworthy Twelve Apostles of Christ appears to be an ancient Feast. The Church honors each of the Twelve Apostles on separate dates during the year, and has established a general commemoration for all of them on the day after the commemoration of the Glorious and First-Ranked among the Apostles Peter and Paul.

The Emperor Constantine the Great built a church in Constantinople in honor of the Twelve Apostles. There are instructions for celebrating this Feast which date from the fourth century.

The following is a list of the thirteen (including Paul) and how each died:

- |  |                                  |
|--|----------------------------------|
| 1. ANDREW – beheaded                                     | 7. PAUL - beheaded               |
| 2. BARTHOLOMEW<br>- crucified then saved; later beheaded | 8. PETER - crucified upside down |
| 3. JAMES - beheaded                                      | 9. PHILIP – crucified            |
| 4. JAMES the Lesser - crucified                          | 10. SIMON the zealot – crucified |
| 5. MATTHEW - burned alive                                | 11. THADDEUS – crucified         |
| 6. MATTHIAS - stoned                                     | 12. THOMAS – speared             |
|  | 13. JOHN – died in exile         |

Today Christ the Rock gladly glorifies the rock of faith, the chosen disciple, together with Paul and the whole company of the Twelve. As we celebrate their memory we glorify Him who has glorified them. - *Kontakion of the Twelve Apostles*



## July 2: The Placing of the Robe of the Most Holy Theotokos at Blachernae

During the reign of the Byzantine Emperor Leo the Great (457-474), the brothers Galbuis and Candidus, associates of the emperor, set out from Constantinople to Palestine to venerate the holy places. In a small settlement near Nazareth they stayed in the home of a certain old Jewish woman. They noticed a room where many lamps were lit, incense burned, and sick people were gathered. When they asked her what the room contained, the pious woman did not want to give an answer. After persistent requests, she said that she had a very precious sacred item: the robe of the Mother of God, through which many miracles and healings had occurred.

Before Her Dormition, the Most Holy Virgin bequeathed one of her garments to a pious Jewish maiden, an ancestor of the old woman, instructing her to leave it to another virgin after her death. Thus, the robe of the Mother of God was preserved in this family from generation to generation.

The jeweled chest, containing the sacred robe, was transferred to Constantinople. At Blachernae, near the seacoast, a new church in honor of the Mother of God was constructed. On June 2, 458 Saint Gennadius transferred the sacred robe into the Blachernae church with appropriate solemnity, placing it within a new reliquary.

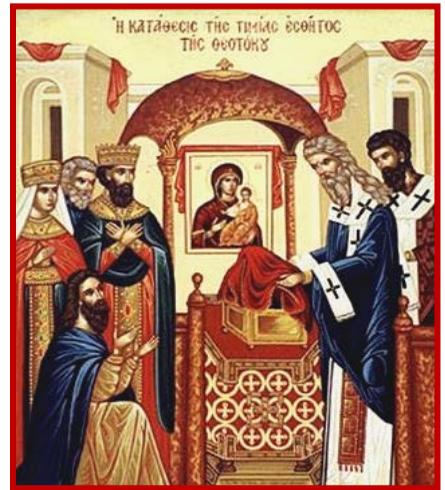
Afterwards, the maphorion (i.e., the outer robe) of the Mother of God, and part of her belt were also put into the reliquary with her robe. The Russian pilgrim Stephen of Novgorod, visiting Constantinople in about the year 1350, testifies: "We arrived at Blachernae, where the robe lies upon an altar in a sealed reliquary."

On June 18, 860 the Russian fleet of Prince Askold, a force comprising more than 200 ships, laid waste the coastal regions of the Black Sea and the Bosphorus, then entered into the Golden Horn and threatened Constantinople. The emperor Michael III (842-867), prayed all night prostrated upon the stone tiles of the church of the Mother of God at Blachernae. The holy Patriarch Photius spoke to his flock, calling for tears of repentance to wash away sins, and to seek the intercession of the Most Holy Theotokos with fervent prayer.

After serving an all-night Vigil in the Blachernae church, they carried the sacred robe of the Mother of God in a procession around the city walls. They dipped its edge into the waters of the Bosphorus, and then they transported it to the center of Constantinople into the church of Hagia Sophia. God protected the city and quelled the fury of the Russian warriors and Askold lifted the siege of Constantinople.

On July 2, the wonderworking robe of the Mother of God was solemnly returned to its place in the reliquary of the Blachernae church. In remembrance of these events an annual feast day of the Placing of the Robe of the Mother of God was established by holy Patriarch Photius.

The Russian Prince Askold accepted holy Baptism with the name Nicholas, and many of his retinue were also baptized. By the blessing of the Mother of God and by the miracle from Her holy robe not only was the deliverance of Constantinople accomplished, but also the liberation of the Russians from the darkness of pagan superstition to life eternal.



# The Holy Apostles and their Successors

THE FAST OF THE APOSTLES, which we have just completed, leads up to two festivals in our Church: the Feast of the Prime Apostles, Saints Peter and Paul (June 29) and the Synaxis of the Apostles (June 30). On this second day we assemble for another gathering (synaxis) in honor of the Twelve, the companions of Christ who became the core group around whom the early Church was built. The New Testament records that the first Christians sought to replace Judas who had fallen away. Two men were proposed, “*Joseph called Barsabas, who was surnamed Justus, and Matthias*” (v23). Neither of these men are mentioned by name in any of the Gospels. They were presumably among the Seventy, the second rank of the Lord’s followers, whom our Church remembers with a synaxis on January 4.



## Twelve or More?

Six of the Twelve are mentioned in all four Gospels as well as Acts: Peter, Andrew, James, John, Philip, and Thomas. Several others are mentioned in some of these writings: Bartholomew, Matthew, James the son of Alphaeus, Lebbaeus surnamed Thaddaeus, Simon the Canaanite (the Zealot), Judas the son of James, Nathaniel, and Levi the tax collector. In addition, St Paul is listed among the Twelve although his witness was to the risen Christ (see Acts 9:1-9).

Some commentators have said that some of the “extra” names are alternate names for the same people, such as the tax collector Matthew/Levi and Judas (Jude)/ Lebbaeus surnamed Thaddaeus. Many Jews at the time had Greek or Latin names as well as their family names which were Hebrew or Aramaic in origin. Others have said that Twelve was a symbolic number in the culture which produced the Scriptures, representing perfection or completion. Still others give the following explanation: the Twelve were in fact the witnesses to the Twelve Tribes of Israel while Paul was the Apostle to the Gentiles.

## What Is Apostolic Succession?

The ancient Churches sought to guarantee the apostolic origin and authority of their preaching by using the term *Apostolic Succession*. Basically, this meant that a particular Church or group of Christians taught what the Apostles taught and practiced what the Apostles did. In a similar way, the connection of a local Church with the Apostles was manifested by the connection of its bishop with the person of the Apostles.

At first this meant that the bishop knew and/or was taught by an apostle. As Irenaeus wrote about St Polycarp in the second century, “Polycarp also was not only instructed by Apostles, and conversed with many who had seen Christ, but was also, by Apostles in Asia, appointed bishop of the Church in Smyrna, whom I also saw in my early youth, for he tarried [on earth] a very long time, and, when a very old man, gloriously and most nobly suffering martyrdom,

departed this life, having always taught the things which he had learned from the Apostles, and which the Church has handed down, and which alone are true. To these things all the Asiatic Churches testify, as do also those men who have succeeded Polycarp down to the present time” (A.H., 3:3:4).

In time, Apostolic Succession came to mean that a local Church had been founded by one of the original Apostles and there was an unbroken continuity between that apostle and the current bishop. This materialistic approach focused less on the succession of the teaching than on the material succession of the hierarchy. Thus, the Pope of Rome was considered to be the successor of Peter and Paul and the Pope of Alexandria to be the successor of St Mark the Evangelist.

This “succession” is the transmission of real spiritual authority in a physical and visible way, by laying on of hands (ordination) by one who has received this authority (a bishop) to the one who is receiving it (the one being ordained). This continues back in time in an unbroken chain to the Apostles themselves. This kind of Apostolic Succession exists in the Catholic Church, the Orthodox Church, some of the other ancient Churches of the East, and some schismatic Western Churches. The need for the Apostolic authority imparted in this way was taken for granted and was unchallenged in the Christian world for 1,500 years, although it is denied today by most mainline and evangelical Protestant denominations.

### **Early Testimony of Church Fathers**

Describing this type of succession, St. Clement of Rome (97AD) the fourth successor of St. Peter, who had also been ordained by St. Peter, wrote “Through countryside and city [the apostles] preached, and they appointed their earliest converts, testing them by the Spirit, to be bishops and deacons of future believers.... they appointed those who have already been mentioned and afterwards added further provision that, if they should die, other approved men should succeed to their ministry.” (Epistle to the Corinthians, 42:4-5,44:1-3).

St. Ignatius of Antioch (107 AD) was a well known disciple of St. John the Evangelist. He gives us evidence of Apostolic Succession in his letter to the Trallian Church, and asserts that without this authority there is no valid Eucharist, and no Church. In acknowledging the three-fold hierarchical structure (*i.e.* bishop, priest, deacon) and apostolic succession as he states “In like manner, let us reverence the deacons as Jesus Christ, and the bishop as the Father, and the presbyters as the Sanhedrin of God and college of the apostles. Without these, there is no Church.” (Letter to the Trallians 1:8,9).

In his letter to the Smyrnaeans, St. Ignatius asserts that this Apostolic authority is necessary for a valid Eucharist: “Let that be deemed a proper Eucharist, which is administered either by the bishop, or by one to whom he has entrusted it.” (Letter to the Smyrnaeans, Ch 8).

Writing to the Philadelphians St. Ignatius says: "Take care, then who belong to God and to Jesus Christ - they are with the bishop. And those who repent and come to the unity of the Church - they too shall be of God, and will be living according to Jesus Christ. Do not err, my brethren: if anyone follow a schismatic, he will not inherit the Kingdom of God...Take care, then, to use one Eucharist, so that whatever you do, you do according to God: for there is one Flesh of our Lord Jesus Christ, and one cup in the union of His Blood; one altar, as there is one bishop with the presbytery and my fellow servants, the deacons." (Epistle to the Philadelphians, 3:2-4:1, 110)

**Please remember** to pray for the health and protection of Genevieve Allen, Donna Andruskiewicz, Olivia Aragon, Elizabeth Ashooh, Elsie Ashooh, Erin Baroody, Michael Baroody, Henry Bilodeau, Anthony Blando, Helena Burkush, Fr. Michael Carl, Danielle Caron, Michael Cavanaugh, Meghan Connors, Sarah Cullen, Theresa Cullen, Sarah Dagher, Bishop John Elya, Sher Farrow, Julie Fregeau, Peter Fregeau, John Gallagher, Marguerite Ganem, Mary Ann Garvey, Loretto Gauvin, Bonnie Gomez, Gail Fisher, Laurice Haddad, Nick Haddad, Lucille Harper, Laura Jorba, Virginia Kearney, Leila Khoury, Shirley Lanoue, Susan Latvis, Diana Lebel, Haley Lesmerises, Ramona Matias, Susan Merrill, Maria Moser, Joanne Nader, Mimi Nasser, Alfred Nasr, Afef Nasr, Raymond Nehme, Samira Nehme, Stefan Notter, Steven O'Leary, Ellen Osgood, Alice Paymant, Marco Enrique Peschiera, MaryJo Pond, Ellen Powell, Sheila Quinn, Daniel Quintal, Deborah Roberts, Julia Rose, Adam Rubin, Fr. Andre St. Germain, Kara Salvas, Barbara Schultz, Raymond Sherburne, Tarrant Smith, Iris Angelina Velasquez, Catherine Waldron, George Webber, Martha Webber, Kathy Wise, and Marilyn Whitmore.

**If you are visiting our church,** our parish family is delighted to welcome you here! Please give us the chance to get to know you by joining us for some coffee, pastry, and conversation in the church hall following the Divine Liturgy. If you would like to know more about the Melkite Catholic Church, check out the brochure entitled *“Welcome to this Holy House,”* located on the table in the back of the church.





**Joe Ashooh, Agent**  
297 South Willow St  
Manchester, NH 03103  
603-624-1000  
[www.joesthere.com](http://www.joesthere.com)

Providing Insurance and Financial Services  
Call us for a free quote

**NORTH HILLS  
REALTY GROUP, LLC**  
*Residential Real Estate Brokers*  
**Abraham Dagher, Realtor**  
814 Elm St., Suite # 302  
Manchester, NH 03101  
**(603) 629-9988**



**Chuck Stephen**  
814 Elm Street, Suite 503  
Manchester, NH 03101  
Tel # 603.606.3391  
Toll Free 866.491.9675  
[chuck@glenwoodinvestment.com](mailto:chuck@glenwoodinvestment.com)  
[www.glenwoodinvestment.com](http://www.glenwoodinvestment.com)

**Glenwood Investment Group**  
*“Grow and protect your hard-earned wealth”*

**THE  
STEPHEN  
GROUP**

814 Elm Street, Suite 309  
Manchester, NH 03101  
Office 603.625.8825  
Cell 603.419.9592

**JOHN STEPHEN**  
*Managing Partner*  
[jstephen@stephengroupinc.com](mailto:jstephen@stephengroupinc.com)  
[www.stephengroupinc.com](http://www.stephengroupinc.com)




**Stephen  
LAW GROUP  
PLC**

**Robert Stephen, Attorney at Law**  
582 Chestnut Street  
Manchester, NH 03104  
phone 603-663-1007  
[www.StephenLaw.com](http://www.StephenLaw.com)

**Check out  
[www.melkite.org](http://www.melkite.org)  
-new educational  
material is posted  
regularly!**

**Your message  
here-  
\$300/year**



**Your Ad Here  
\$300 per Year**

## Today's Readings:

### A Reading from the First Epistle of St. Paul to the Corinthians 4:9-16

Brethren, I think God has set forth us the apostles last of all, as men doomed to death, so that we would become a spectacle to the world, and to angels, and to men. We are fools for Christ, but you are wise in Christ! We are weak, but you are strong! You are honored, but we are without honor!

To this very hour, we hunger and thirst, and we are naked and buffeted and have no fixed home. And we labor, working with our own hands. We are reviled and we bless, we are persecuted and we bear with it, we are maligned and we console; we have become as the refuse of this world, the scum of all until this present time.

I write these things, not to put you to shame, but to admonish you as my dearest children. For although you have ten thousand tutors in Christ, you have not many fathers. Therefore, I beg you, be imitators of me, as I am of Christ.

#### الرسالة (1 كورنثس 4: 9 - 16)

يا إخوة، ان الله قد أبررنا نحن الرسل آخري الناس، كأنا مجعولون للموت. لأننا فد صرنا مشهداً للعالم والملائكة والبشر. نحن جهال من أجل المسيح، أما أنتم فحكماؤ في المسيح. نحن ضعفاء، أما أنتم فأقوياء. نتم مكرمون، أما نحن فمهانون. وحتى هذه الساعة نجوع ونعطش، ونعري ونلطم ولا قرار لنا، ونتعب عاملين بأيدينا. نشتم فنبارك، نضطهد فنحتمل. يشنع علينا فنتضرع. قد صرنا كأقذار العالم، كأوساخ يستخبئها الجميع حتى الآن. ولا أكتب ذلك لاجبالكم، لكني أعظكم كأولادي الاحباء. لانه ولو كان لكم ربوات من المعلمين في المسيح، ليس لكم آباء كثيرون، لاني أنا ولدتكم في المسيح يسوع بالانجيل. فأطلب إليكم أن تكونوا بي مقتدين.

## The Holy Gospel according to St. Matthew the Evangelist (6:22-33)

The Lord said: The lamp of the body is the eye. If your eye is sound, your whole body will be full of light. But if your eye is evil, your whole body will be full of darkness. Therefore if the light that is in you is darkness, how great is the darkness itself!

“No man can serve two masters; for either he will hate the one and love the other, or else he will stand by the one and despise the other. You cannot serve God and mammon.

“Therefore I say to you, do not be anxious for your life, what you shall eat and drink; nor yet for your body, what you shall wear. Is not life a greater thing than food, and the body than clothing? Look at the birds of the air; they do not sow, or reap, or gather into barns; yet your heavenly Father feeds them. Are not you of much more value than they? But which of you by being anxious about it can add to his stature a single cubit? And as for clothing, why are you anxious? See how the lilies of the field grow; they neither toil nor spin, yet I say to you that not even Solomon in all his glory was adorned like one of these. But if God so clothes the wild flower of the field, which today is alive and tomorrow is thrown into the oven, how much more you, O you of little faith!

“Therefore do not be anxious, saying, ‘What shall we eat?’ or, ‘What shall we drink?’, or, ‘What are we to wear?’ (For all these things the Gentiles seek); for your heavenly Father knows you need all these things. But seek first the kingdom of God and His justice, and all the rest shall be given you besides.”

### الانجيل ( متى 6 : 22-33 )

قال الرب: سراجِ الجسدِ العين. فإن كانت عينك بسيطةً، فجسدك كله يكون نيراً. وإن كانت عينك شريرةً، فجسدك كله يكون مظلماً. وإذا كان النور الذي فيك ظلاماً، فالظلام كم يكون مدلهماً؟ لا يستطيع أحد أن يعبدَ ربين. فإنه إما يبغض الواحد ويحب الآخر، أو يلازم الواحد ويذلل الآخر. لا تقدرون أن تعبدوا الله والمال. فلهذا أقول لكم: لا تهتموا لنفسكم بما تأكلون، بما تشربون، ولا لجسدكم بما تلبسون. أليس النفس أفضل من الطعام، والجسد أفضل من اللباس؟ أنظروا إلى طيور السماء، فإنها لا تزرع ولا تحصد ولا تجمع في الأهراء، وأبوكم السماوي يقوتها. أفلمستم أنتم أفضل منها؟ من منكم يقدر باهتمامه، أن يزيد على قامته ذراعاً واحدة؟ ولماذا تهتمون باللباس؟ تأملوا زنابق الحقل كيف تنمو. إنها لا تتعب ولا تغزل. وأنا أقول لكم: إن سليمان نفسه في كل مجده لم يلبس كواحدة منها. فإذا كان عشب الحقل الذي يكون اليوم، وغداً يطرح في التور، يلبسه الله هكذا، أفلا يلبسكم بالأحرى أنتم يا قليلي الايمان. فلا تهتموا إذن قائلين، ماذا نأكل، أو ماذا نشرب، أو ماذا نلبس. فإن هذا كله تطلبه الأمم، وأبوكم السماوي يعلم أنكم تحتاجون إلى هذا كله. بل اطلبوا أولاً ملكوت الله وبره، وهذا كله يزد لكم.